

For guidance on managing construction health risks go to www.hse.gov.uk/construction





# 1217 Safety Guidance



## **Using the Podium Steps**

- Wear your personal protective equipment including safety boots and helmet.
- Inspect the equipment before each use. Pay particular attention to;

Castings - Check for cracks

Welds - Free from cracks

Tubes/braces/Rungs – Straight and with indents less then 5mm deep

Decks - No damage, free from debris

Castors - Moves freely, threads free from damage, brake working

Outriggers - Straight, feel flat

Inspect the equipment for damage regularly, at least daily.

- Keep hands, hair and loose clothing away from all moving parts.
- Remember the wheel brakes should always be locked when in use.
- Always make sure that the stabilizers are in the correct position. 5.
- Take care not to bang your head on any overhead hazards.
- Keep the podium steps away from the overhead electric fittings and cables. It is made of metal which will conduct electricity down to the user.
- Stop working and make the equipment safe if someone approaches you.
- Ensure that the podium steps are safe and secure if left unattended even for a short time.
- If your equipment does not work properly, do not attempt to repair it. Contact the hire
- 11. You may want to read this leaflet again. Please keep it until you finish work.

Please keep this leaflet safely as it may be required for future reference









2450 Regents Court

The Crescent









44 (0) 121 333 4109

©Copyright Hire Association Europe April 2011

Any unauthorised reproduction – manually or electronically – is STRICTLY prohibited

#### boards is mandatory. most situations the proper use of toe lifted on the deck. You should note that in 12. Ensure that toe boards are correctly

broperly in position.

11. Ensure that all guard and handrails are

steps to a fixed structure. necessary to securely fix the podium 10. Under some conditions it may be

position whilst standing on level ground. otni sqats amuli mobile podiums steps into

removed.

bersons and equipment have been 8. Do not move the podium steps until all

side of building or similar rigid structure. steps by pushing too hard against the take care not to unbalance the podium 7. When drilling or using other equipment

manufacturers assembly guide. interior or exterior use in the

windy. 6. Do not use podium steps outside if it is

- assembled for the height specified for 5. The podium steps must only be opstacles and be aware of power cables.
- Ensure that there are no overhead the weight of the podium steps.
- sure that the ground is suitable to take is level and free from obstruction. Make 3. Before assembly check that the ground been supplied and are in good condition.
- that all the necessary components have S. Use the checklist supplied and ensure
- 1. Podium steps should only be assembled

#### SETTING UP PODIUM STEPS

also need to wear appropriate personal 2 Anybody who is working near to you will

must wear a helmet at all times. above you. On a construction site you



height or when someone is working

ллиелечег уои аге могкілд авоче пеад OF B51870 / 4972).

You should wear a safety helmet (EN397 R21810 / 4912):

You must wear safety boots (EN345 or higher level of protection.

lops or environments may require a you are using podium steps. Particular minimum that should be worn whenever protective equipment (ppe) are the 1. The following items of personal

#### **SHOTAR340**

and capies. them away from overhead electric fittings Podium steps are made of metal, keep

paving stabs, wooden floor or similar. level such as smooth concrete, level rough or soft ground. The floor must be 3. You should not use podium steps on

or could distract you. and safe and that no one is near to you

S. Make sure that your work area is clear





### **Podium Steps**

assembly guide, which will be supplied to you by the hire company, before you use the podium steps

- Podium steps are designed to be a safer alternative to step ladders and offer a stable working platform.
- Do not ride on or attempt to move the steps when loaded.
- Do not over load the steps. Confirm the maximum load capacity with the hire company.
- Do not exceed the safe working load (SWL) detailed on the working platform.
- Never remove components from the steps while in use.
- Securely lock all the castors before using the podium steps.
- Do not lean ladders or other items against the podium steps
- Do not over reach from the steps.
- The action of these podium steps can cause injury or damage if not used in a careful and controlled way. Keep fingers clear of moving parts.
- 10. If you have not used podium steps before, familiarize yourself with the equipment before you start work. Practice assembling and disassembling a small section of the steps.
- 11. You should wear the following items of personal protective equipment: Safety boots (EN 345 or BS1870 / 4972); Safety helmet (EN397 or BS5240); Gloves.
- 12. These podium steps must not be used by minors, or by anyone under the influence of drugs or alcohol.
- 13. These steps are designed for operation by an able bodied adult. Anyone with either temporary or permanent disability must seek expert advice before using them.













Every effort has been made by HAE/EHA to ensure that the information given in this document and supporting materia is accurate and not misleading. HAE/EHA cannot accept responsibility for any loss or liability pero-nave arisen from the use of any such document/material. Only Acts of Parliament and Statutory Ins to have arisen from the use of any such document/material. Only Acts of Parliament and Statu.
have the force of law and only the courts can authoritatively interpret the law.

44 (0) 121 380 4600 44 (0) 121 333 4109

**BAY 788 Iludilos** The Crescent Birmingham Business Park Magents Court



or warning signs to protect others by other people may pass, put up barriers, continuously in the same area, or where 1. It you are using this equipment

breventing anyone entering your work

### **WORK AREA**

- 4. Suitable and sufficient work area/space.
  - 3. A correct trained end user. berson.

Correct assembly by a competent conforming to a recognised standard.

1. Good quality equipment/ components,

particularly dependent on the following

The safe use of access equipment is ine salesi metnod. carry out a risk assessment of the task to find

Persons planning to work at height must inappropriate use of ladders and steps.

One of the regulations aims to reduce the height and all types of access equipment. The regulations cover all aspects of work at

the work at height regulations apply to you. It you are at work and working at height, then

> REGULATIONS (WAH) THE WORK AT HEIGHT



protection of EN149:2001ffp2. and a dust mask with minimum usy need goggle: EN166 or BS2092; Depending on the job you are doing you







